

FEBRUARY 2013

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# THE BB DEBATE

Look out, tinted moisturiser: BB is watching you...

\* This time of year it's all about light coverage, and tinted moisturiser is the go-to choice. But there's a new prod on the block to consider: BB cream.

It stands for blemish or beauty balm, but it's not for treating pimples. "BB creams are designed to camouflage skin imperfections, but they can also contain skin brighteners, anti-ageing antioxidants and sunscreen," explains associate professor Greg Goodman of the Dermatology Institute of Victoria. "So you're getting both active and basic skincare in a single product."

Tinted moisturisers usually only offer hydration and sheer coverage, but some do contain anti-ageing properties and other skincare benefits, too. Check the packaging for details. **COSMO**

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